

PLEDGE 1

We will provide you with information about being in care

We will give you a booklet called Show Me That I Matter when you come into our care, which gives you information that you need to know about being in care. It will give you important phone numbers of people you may need to contact.

PLEDGE 2

When you live in care we will keep you safe from harm

We will make sure you have a caring place to live and we will make sure you feel happy, safe and settled and receive the right information about where you live.

PLEDGE 3

WE WILL SUPPORT YOU IN YOUR EDUCATION

We will do everything we can to enable you to do well at school as you possibly can. Your education and individual learning is important to us. We will encourage and guide you to reach your full potential and achieve your goals and aspirations and celebrate your achievements with you.

PLEDGE 10

We will give you the Opportunities to get involved

You can get involved with the Looked after Young People's Board (LAYPB) which is made up of children and young people like you. You get a chance to tell us what you think about services and how they could be improved and organise



SANDWELL'S PLEDGE TO YOU

**The promises
by Sandwell Council
to all children in care**



Sandwell
Metropolitan Borough Council

PLEDGE 9

WE WILL KEEP YOU IN CONTACT WITH FAMILY WHERE POSSIBLE

We will help you stay in touch with people who are important to you. We will find an appropriate place for your contact. If contact can't happen we will be upfront with you and explain the reasons why.

PLEDGE 4

WE WILL SUPPORT YOU IN YOUR HEALTH

We will support you in all your health needs including physical, emotional and mental health. We will ensure you are able to participate in decisions about your health and have access to the health history that we hold for you.

PLEDGE 5

We will get you ready for being an adult

We will make sure you are aware of the Care Leaver Charter which outlines support offered to Sandwell Care Leavers.

We will involve you in making decisions about getting ready to leave care and moving into adulthood and becoming independent.

PLEDGE 8

Whilst in care we will ensure you have a plan in place

We will make sure you understand your own life story, the decisions that have been made and the plans that are in place for you. Where possible we will involve you in the decision making.

PLEDGE 7

WE WILL ENSURE YOU HAVE A SOCIAL WORKER AND AN INDEPENDENT REVIEWING OFFICER

We will make sure that the social worker and independent reviewing officer working with you listen to you, be supportive and honest. They will work on your behalf and make sure you have access to all your rights and entitlements. They will ensure that you know how to contact them, to speak to them.

PLEDGE 6

WE WILL ENSURE YOU HAVE YOUR VOICE HEARD

We will listen to you and take your wishes and feelings into account in all of our work we do with you. We will make sure you have the right support at the right time from the right person. If you need to talk to someone independent, we will make an advocate available to you. You can also raise your views and report a problem around the pledge on the Mind of My Own (MOMO) app for children and young people.

For further information about the pledge please contact
The Participation Team on **0121 569 5922** or email lapp_board@sandwell.gov.uk

Log onto
www.mindofmyown.org.uk